

## StarTECH - PCT

The StarTECH Patient Care Technician (PCT) Program is an integral part of the HCA Healthcare Clinical Standards of Excellence. This program provides a comprehensive blended training experience that offers an opportunity to become a PCT caring for patients in our HCA Healthcare Hospitals.



### Requirements for Hire:

- Fits the HCA Healthcare culture: to provide the highest quality care to our patients



### StarTECH PCT Training Program – Five-Weeks (5)

- **Two Weeks (80 hours)** basic nursing care fundamentals, including hands-on skills training and return demonstrations with experienced StaRN clinical instructors.
- **ARC BLS for Healthcare Professionals**
- **One Week (40 hours)** includes HCA Healthcare specific hands-on skills training by experienced StaRN clinical instructors.
- **Two Weeks (80 hours)** of unit-based Clinical Preceptorship including two days of HCA Healthcare market, hospital-specific, general and clinical orientation.



### Weeks 1 & 2 - Interactive Classroom, Skills, and Equipment Training:

- Curriculum-based on evidence-based practice, National Standards and HCA Healthcare Clinical Standards of Excellence
- BLS for Healthcare Professionals
- AIDET, Patient Experience, Patient Safety, Infection Prevention, Hand Washing
- Observe and Report, Documentation
- Basic Bed & Room Skills: Occupied Bed Making, Bed Pan, Bedside Commode, Equipment Cleaning
- Mobility Skills: Safe Patient Lifting; Transfers including wheelchair usage, ROM, Ambulation with Gait Belt Usage
- ADL Skills: Comfort Measures; Patient Positioning, Turning, Mouth Care, Bathing
- Basic Math Skills including Intake and Output Measurements
- Vital Sign Skill Competency: Manual BP, Pulse, Respiration, and Reporting



### **Week 3 - Classroom, Skills and Equipment Training combined with StarTECH CNA**

- Curriculum-based on evidence-based practice, National Standards and HCA Healthcare Clinical Standards of Excellence
- Meditech (EHR) hands-on training
- Communication Tools based on TeamSTEPPS®
- CPI - Nonviolent Crisis Intervention Foundation Course; Trauma Informed Care, B.E.R.T.
- Patient Safety Attendant
- Geriatric Compassionate Care
- AIDET, SBAR, Patient Experience, Fall Prevention, MEWS, and more



### **Week 3 - StarTECH PCT & CNA Skills Training**

- Donning/Doffing of PPE
- SCD & Anti-Embolism Stockings
- CAUTI Prevention – Foley & Perineal Care
- Handwashing and Infection Prevention
- Vital Signs: Manual; Orthostatic (Postural); Automated
- Telemetry Responsibilities
- Post-Mortem Care
- Skin Care, Patient Comfort, ADLs including CHG Bathing
- Recognizing Emergencies including Rapid Response and Mock Code Blue Practice
- Specimen Collection: Stool, Sputum, Urine



### **Weeks 4 & 5 - General and Clinical NEO along with Clinical Preceptorship**

- One Day 8 hours of General - New Employee Orientation
- One Day comprising 4-8 hours of Clinical - New Employee Orientation
- 64 Hours of preceptorship in a clinical setting with a clinical preceptor

**The StarTECH PCT Program provides a pathway for high school graduates or second-career individuals who are interested in starting their healthcare career, working in our HCA Healthcare Hospitals as novice Patient Care Technicians. Graduates of the StarTECH PCT Program are prepared to assist in the care of our patients.**